

# Name One Thing

Name one thing that makes you feel...



**SURPRISED**

---



**LONELY**

---



**CONFIDENT**

---



**CONFUSED**

---



**FRUSTRATED**

---



**ANXIOUS**

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# Name One Thing

Name one thing that makes you feel...



**SAD**

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**EMBARRASSED**

---



**ANGRY**

---



**BORED**

---



**HAPPY**

---



**FRIGHTENED**

---



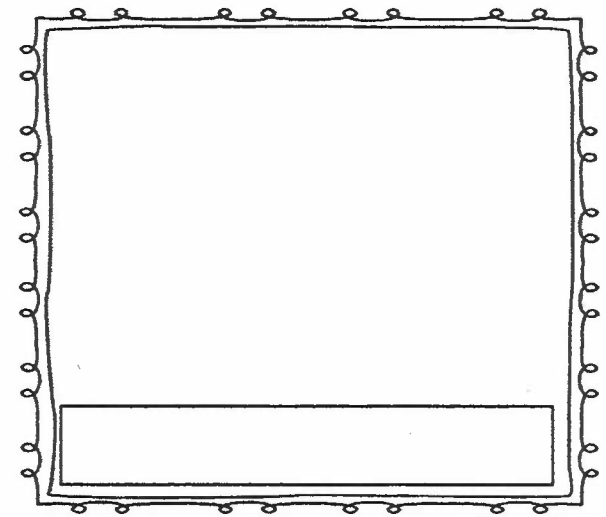
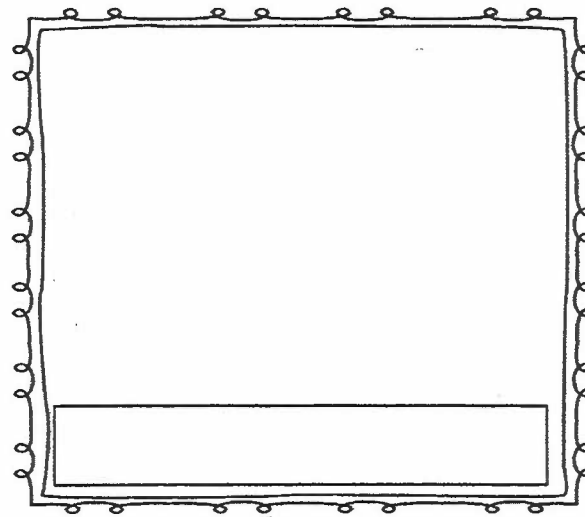
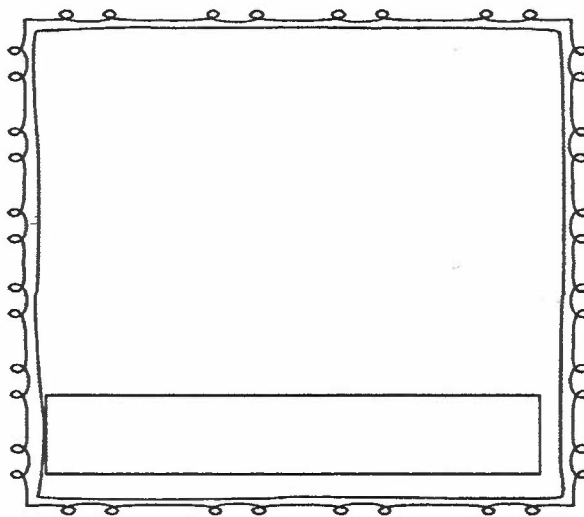
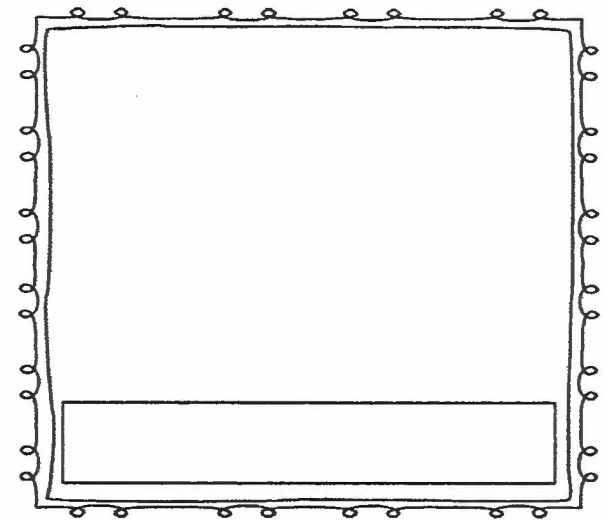
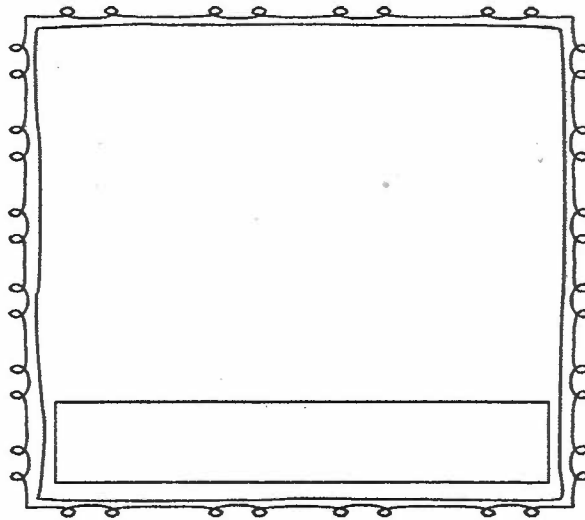
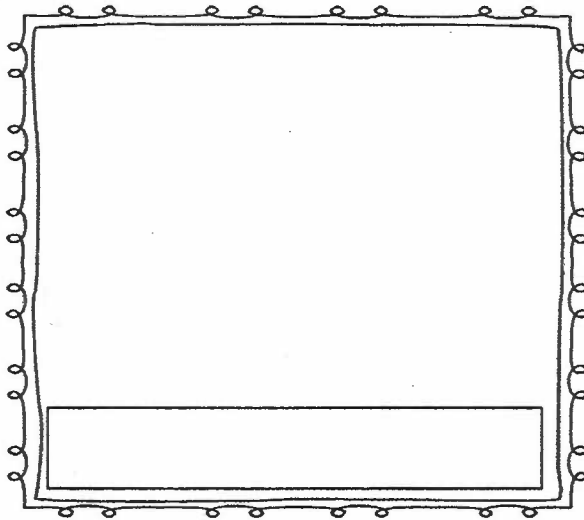
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Name \_\_\_\_\_

Date \_\_\_\_\_

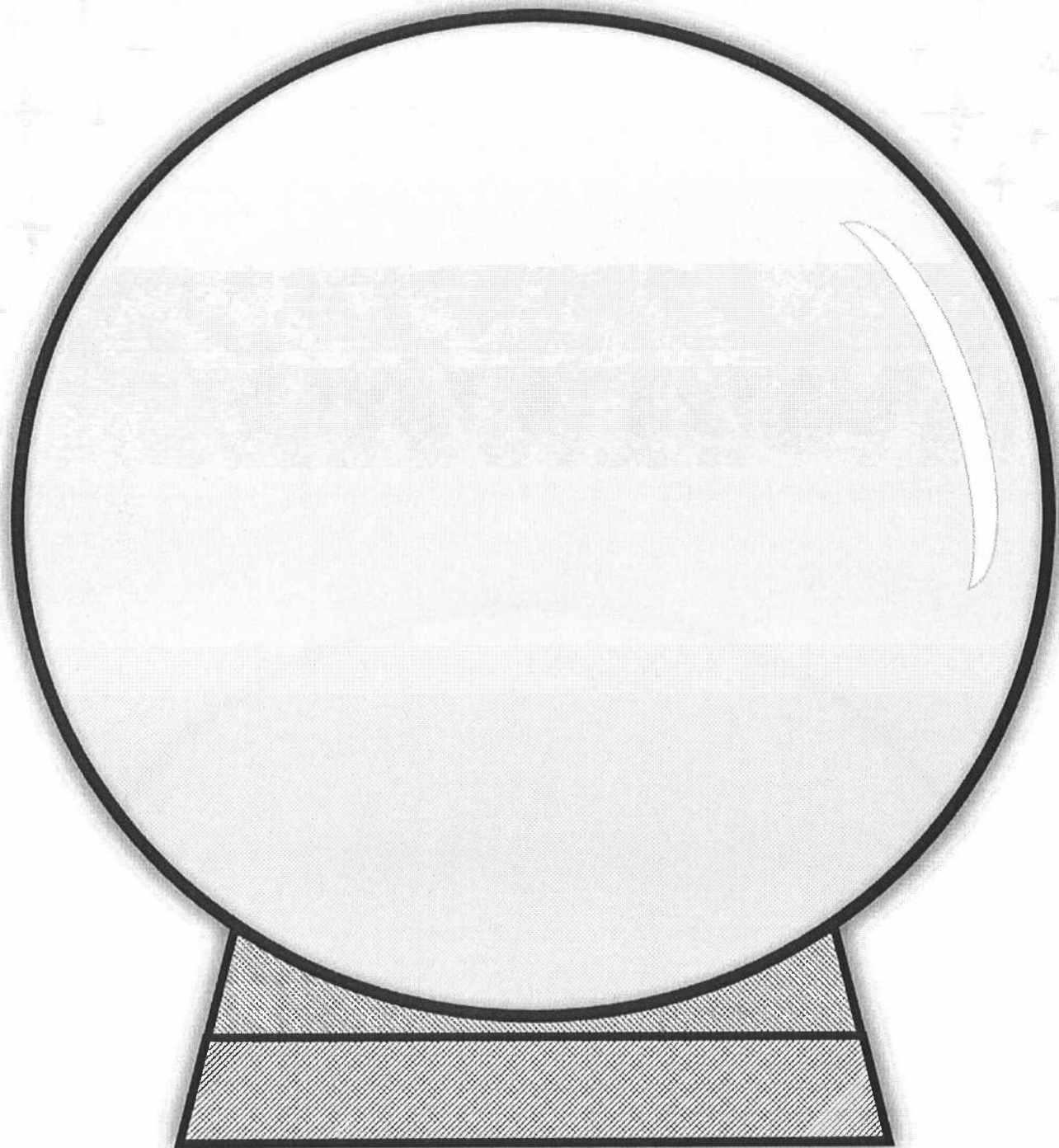
# Who Can Help Me?

If you are being bullied there are people who can help. Draw and label the people in your life who you know can help!



# CRYSTAL BALL

What do you want to see in your future? Draw or write it in the crystal ball below!



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# **GOT MISTAKES?**

**What Was Your...**

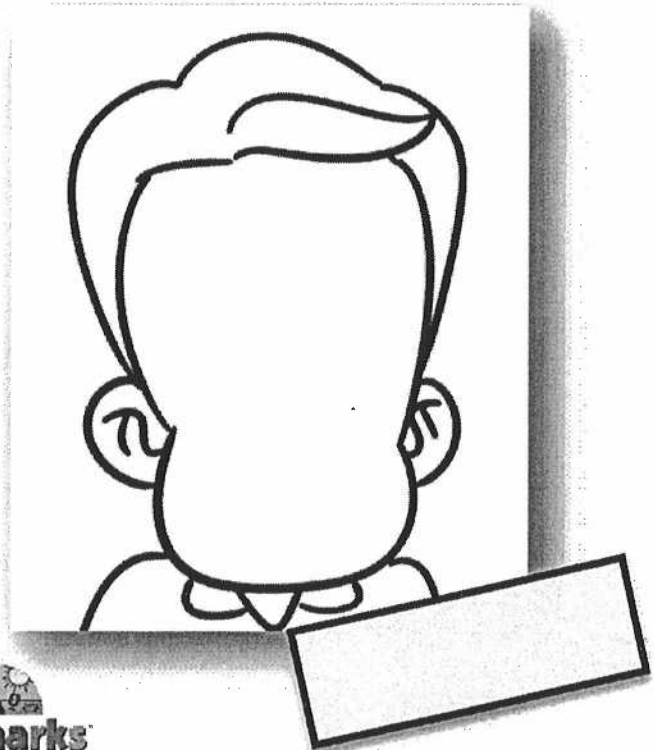
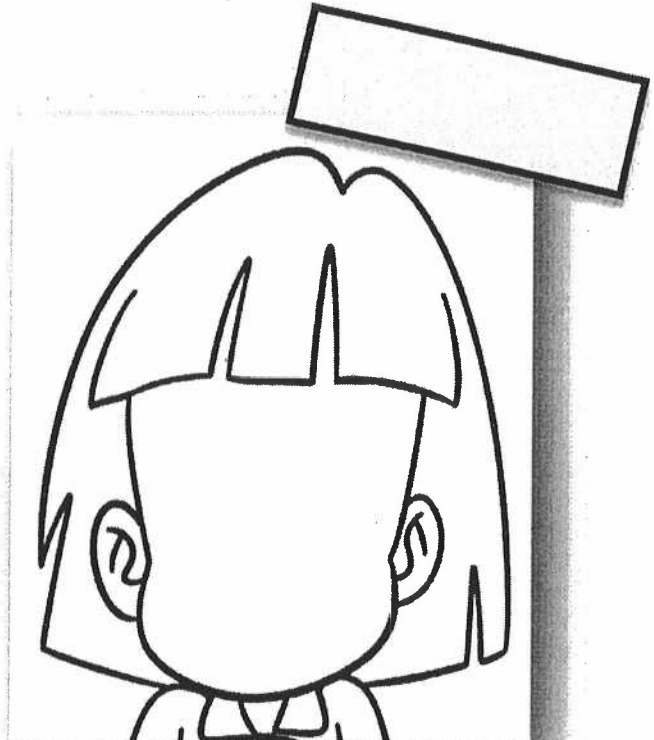
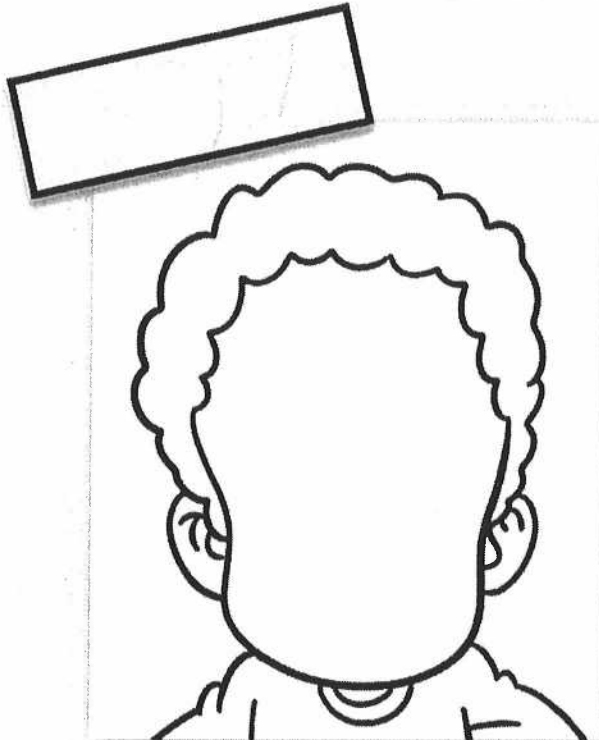


**Silly Mistake**

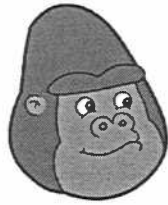
**Embarrassing or Serious Mistake**

# FEELINGS FACES

Pick four feelings and draw matching faces! Share an example of when you've experienced each of those feelings.



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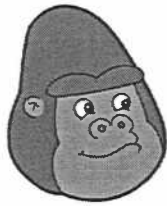


# SOCIAL INITIATION: GOOD vs. BAD FRIENDS

**Directions:** Cut out the statements on the next page. Read each statement. If you think it describes a good friend, glue it into the "GOOD" box. If you think the statement describes a bad friend, glue the sentence into the "BAD" box.

GOOD

BAD



# SOCIAL INITIATION: GOOD vs. BAD FRIENDS

	Make fun of a friend	Leave a friend in need	Respect differences	Be a good sport
✂	Break a promise if it's easier	Tell the truth	Argue a lot	Feel jealous a lot
✂	Insist on your own way	Cooperate	Help out a friend	Brag about winning
✂	Keep promises	Usually have fun together	Guard your stuff for yourself	Be a sore loser
✂	Lie if it's easier	Be happy for friends	Share your stuff	Compromise
✂				
	✂	✂	✂	



## The Pout-Pout Fish Goes to School: Attitude Statements

Directions: There are some positive and some negative attitude statements throughout the story. Sort each statement below according to whether it shows a positive or a negative attitude.



### POSITIVE ATTITUDE

### NEGATIVE ATTITUDE

I know that  
you can do it!

I don't  
belong!

Don't you  
fret.

I just  
can't  
do it.

I'm not smart!

I'll never  
get it!

School is way  
too tough.

With  
practice you  
will get it.

You are  
smart!

You  
belong!