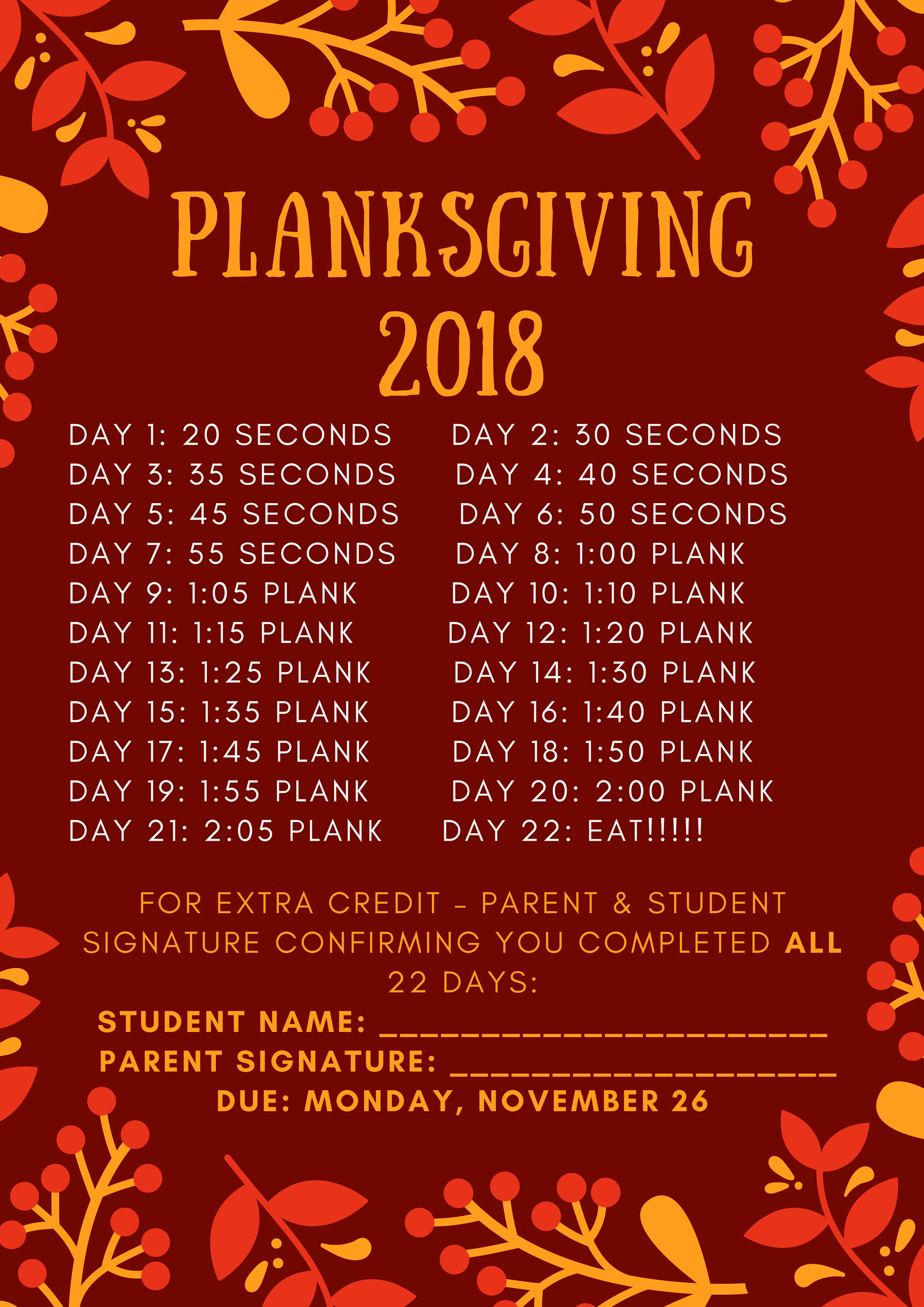




PLANKSGIVING 2018

DAY 1: 20 SECONDS
DAY 3: 35 SECONDS
DAY 5: 45 SECONDS
DAY 7: 55 SECONDS
DAY 9: 1:05 PLANK
DAY 11: 1:15 PLANK
DAY 13: 1:25 PLANK
DAY 15: 1:35 PLANK
DAY 17: 1:45 PLANK
DAY 19: 1:55 PLANK
DAY 21: 2:05 PLANK

DAY 2: 30 SECONDS
DAY 4: 40 SECONDS
DAY 6: 50 SECONDS
DAY 8: 1:00 PLANK
DAY 10: 1:10 PLANK
DAY 12: 1:20 PLANK
DAY 14: 1:30 PLANK
DAY 16: 1:40 PLANK
DAY 18: 1:50 PLANK
DAY 20: 2:00 PLANK
DAY 22: EAT!!!!

FOR EXTRA CREDIT - PARENT & STUDENT
SIGNATURE CONFIRMING YOU COMPLETED **ALL**
22 DAYS:

STUDENT NAME: _____

PARENT SIGNATURE: _____

DUE: MONDAY, NOVEMBER 26