

Point of Sale Payment can be made by check or cash, please include your child's name and pin # with all pre-payments. You may also pay on line (www.schoolcafe.com)

*There is a fee for on-line deposits.

Haverford School District High School Lunch Menu February 2019 to June 2019

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| Meal Prices | |
| Paid Breakfast | \$1.75 |
| Reduced Breakfast | \$.30 |
| Paid Lunch | \$3.25 |
| Reduced Lunch | \$.40 |

* May contain pork

MILK IS AVAILABLE WITH ALL MEALS 1% White, Skim, Low-fat Chocolate & Low-fat Strawberry - Available Daily: Raisins, Craisins every MWF

| | Weeks Of: | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|------------------|--|---|---|---|--|
| WEEK 1 | 2/4,3/18,4/29 | Chicken Fritter Sandwich Meatball Grinder | Hot Dog on a Bun BBQ Chicken Sandwich | Chicken Cheese Steak Dutch Waffle/*Sausage | Chicken Tenders/ Roll Grilled Cheese Sandwich | Pasta w/Meatballs *Turkey BLT |
| | | Oven Baked Fries Baby Carrots/Dip Lettuce /Tomato Juice, Fresh or Chilled Fruit | Baked Beans Sweet Corn Fresh Leafy Green Salad Juice, Fresh or Chilled Fruit | Hash Brown Red & Green Pepper Strips/Dip Fresh Leafy Green Salad Juice, Fresh or Chilled Fruit | Tomato Soup Oven Baked Fries Caesar Salad Juice, Fresh or Chilled Fruit | Fresh Leafy Green Salad Veggie Boat Lettuce/Tomato Juice, Fresh or Chilled Fruit |
| WEEK 2 | 2/11,3/25,5/6 | Mozzarella Sticks BBQ *Rib Sandwich on a Bun | Beef Nachos w/ Salsa Chicken Burrito | Chicken Drum Stick *BBQ Pork Sandwich | Chicken Parm Sandwich Beef and Pasta | *Bacon Cheese Dogs Mozzarella Sticks w/ Sauce |
| | | Steamed Carrots Oven Baked French Fries Fresh Leafy Green Salad Juice, Fresh or Chilled Fruit | Pinto Beans Veggie Boat Lettuce/Tomato Juice, Fresh or Chilled Fruit | Seasoned Corn Fresh Leafy Green Salad Mash Potatoes Juice, Fresh or Chilled Fruit | Steamed Vegetables Baby Carrots/Dip Caesar Salad Juice, Fresh or Chilled Fruit | Pasta Salad Veggie Boat Spinach & Tomato Salad Juice, Fresh or Chilled Fruit |
| WEEK 3 | 2/18,4/1,5/13 | Ford Burger *Italian Stromboli | Two Hard Beef Tacos BBQ Chicken & Cheddar Sandwich | Pizza Cheese Steak Corn Dog | General Tso Chicken with Rice BBQ Cheeseburger on a Bun | Spicy Chicken Sandwich Grilled Cheese Sandwich |
| | | Green Beans Italian Bean & Tomato Salad Fresh Leafy Green Salad Juice, Fresh or Chilled Fruit | Refried Beans & Salsa Veggie Boat Lettuce/Tomato Juice, Fresh or Chilled Fruit | Oven Baked French Fries Baby Carrots/Dip Caesar Salad Juice, Fresh or Chilled Fruit | Steamed Vegetables Broccoli & Dip Lettuce/Tomato Juice, Fresh or Chilled Fruit | Tomato Salad Bagged Carrots Fresh Leafy Green Salad Juice, Fresh or Chilled Fruit |
| WEEK 4 | 2/25,4/8,5/20 | Breaded Ravioli Bites BBQ *Pulled Pork on a Bun | Chicken Fajita *Pork Roll and Cheese on Kaiser | Cheese Steak Cheesy Bread Sticks w/Sauce | Chicken Fritter Sandwich *Sausage and Pepper Sandwich | Chicken Tender Wrap Cheese Quesadilla |
| | | Oven Baked French Fries Steamed Peas Fresh Leafy Green Salad Juice, Fresh or Chilled Fruit | Black Beans & Salsa Steamed Broccoli Caesar Salad Juice, Fresh or Chilled Fruit | Round Roasted Potatoes Kale Salad Veggie Boat Juice, Fresh or Chilled Fruit | Steamed Cauliflower Baked Beans Lettuce/Tomato Juice, Fresh or Chilled Fruit | Tater Tots Salsa Veggie Boat Juice, Fresh or Chilled Fruit |
| WEEK 5 | 3/4,4/15,5/27 | White Garlic Cheese Bread Cheese Burger | Beef Nachos *Italian Hoagie/Sun Chips | Turkey Bowl *BBQ Rib Sandwich | Chicken Alfredo Bake Chicken Wings | Grilled Cheese Sandwich Sicilian Pizza |
| | | Oven Baked French Fries Broccoli Florets w/Dip Caesar Salad Juice, Fresh or Chilled Fruit | Pinto Beans & Salsa Kale & Grape Tomato Salad Lettuce/Tomato Juice, Fresh or Chilled Fruit | Mashed Potatoes Steamed Carrots Fresh Leafy Green Salad Juice, Fresh or Chilled Fruit | Steamed Broccoli Celery Sticks/Dip Baby Carrots Juice, Fresh or Chilled Fruit | Tomato Soup Veggie Boat Fresh Leafy Green Salad Juice, Fresh or Chilled Fruit |
| WEEK 6 | 3/11,4/22,6/3 | Buffalo Chicken Mac and Chz Chic. Parm. Sandwich | Walking Taco *Meat Lovers Pizza | Pesto Tortellini Buffalo Chicken Cheese St | General Tso Chicken with Rice Potstickers | Tuna Hoagie Melt *Hot Roast Pork Sandwich |
| | | Green Beans Carrot Sticks with Dip Fresh Leafy Green Salad Juice, Fresh or Chilled Fruit | Refried Beans & Salsa Veggie Boat Lettuce/Tomato Juice, Fresh or Chilled Fruit | Oven Baked French Fries Caesar Salad Beet Salad Juice, Fresh or Chilled Fruit | Oriental Vegetables Brown Rice Juice, Fresh or Chilled Fruit | Oven Baked French Fries Cucumber Slices w/Dip Fresh Leafy Green Salad Juice, Fresh or Chilled Fruit |
| THE ITEMS BELOW ARE AVAILABLE EACH WEEK | | | | | | |
| Weekly Specials | | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| | Hot Deli | Cheeseburger on a Bun | Cheese Steak | Cheeseburger on a Bun | Cheese Steak | Cheeseburger on a Bun |
| | | Chicken Tenders/ Dinner Roll | Chicken Tenders/ Dinner Roll | Chicken Tenders/ Dinner Roll | Chicken Tenders/ Dinner Roll | Chicken Tenders/ Dinner Roll |
| | *Assorted | Grab & Go Salads, Wraps | Grab & Go Salads, Wraps | Grab & Go Salads, Wraps | Grab & Go Salads, Wraps | Grab & Go Salads, Wraps |
| | *Assorted | Salad Bar | Salad Bar | Salad Bar | Salad Bar | Salad Bar |
| *Italian | Assorted Pizzas | Assorted Pizzas | Assorted Pizzas | Assorted Pizzas | Assorted Pizzas | |

Menu Subject to Change

*Breakfast available daily in cafeteria

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