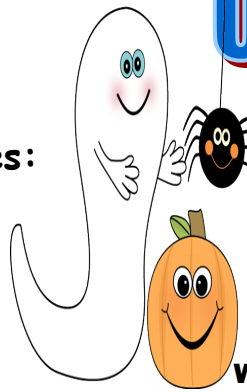
SCHOOL DISTRICT OF HAVERFORD TOWNSHIP
MIDDLE SCHOOL LUNCH MENU

OCTOBER 2019

Daily Fruit Choices:
Whole Orange
Assorted Cupped Fruit
Bag of Fresh Sliced Apples
Seasonal Fresh Fruit Selections

Daily Vegetable Choices:
Vegetable of the Day
Tossed Salad
Oven Potatoes
Fresh Baby Carrots and Celery



AVAILABLE EVERYDAY

Pizza
Assorted Sandwiches
Hot Dog
Whole Wheat Bagel w/cream cheese
Cereal w/yogurt
Peanut Butter & Jelly Sandwich

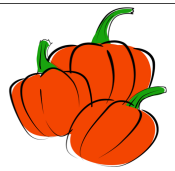
STUDENT PLATTER
$3.15
All platters include:
Entrée, Vegetable, Fruit,
Non Fat Milk, 1% Milk

DAILY SOUP OFFERING

Monday, October 7	Tuesday, October 8	Wednesday, October 9	Thursday, October 10	Friday, October 11
Cheeseburger Fries Fruit	Chicken Parmigiano Sandwich Pasta Salad, Fruit	HOLIDAY NO SCHOOL	Chicken Caesar Salad Roll Fruit	Buffalo Chicken Pizza Tossed Salad Fruit
Monday, October 14	**Tuesday, October 15**	**Wednesday, October 16**	**Thursday, October 17**	**Friday, October 18**
Cheese Steak Fries Fruit	Baked Chicken Mashed Potatoes Broccoli, Fruit	Buffalo Mac & Cheese w/roll, Salad Fruit	Italian Hoagie Chips Fruit	Mozzarella Sticks Bagged Carrots Fruit

Halloween

10 Fun Facts You Didn't Know About Halloween

1. *"Jack o'lantern" comes from the Irish legend of Stingy Jack*
2. *Candy corn was originally called Chicken Feed*
3. *Trick-or-treating comes from"souling"*
4. *The most lit jack o'lanterns on display is 30,581*
5. *Halloween folklore is full of fortune-telling and magic*
6. *Day of the Dead should really be called Days of the Dead*
7. *Michael Myers' mask is actually a William Shatner mask*
8. *Halloween originated from an ancient Celtic festival*
9. *Des Moines has a hilarious tradition called Beggars' Night*
10. *The White House is haunted*

Monday, October 21	Tuesday, October 22	Wednesday, October 23	Thursday, October 24	Friday, October 25
Chicken Cheese Steak Fries Fruit	Two Taco Tuesday Beef, lettuce, tomato Cheese, Fruit	Hot Pork Sandwich Mashed Potatoes Fruit	French Toast Sticks Sausage Fruit	Chicken Cutlet Hoagie Chips Fruit
Monday, October 28	Tuesday, October 29	Wednesday, October 30	Thursday, October 31	Friday, November 1
Bacon Cheese Burger Fries Fruit	Chicken Cordon Blu Sandwich Sun Chips, Fruit	Pasta w/meatball Salad Fruit	IN SERVICE DAY NO LUNCH SERVED	Pepperoni Pizza Caesar Salad Fruit