# **Preseason Athletics Summary Page**

The Preseason Athletic Plan for Haverford High School was approved by The Board of School Directors on July 9, 2020. Below is a list of items and frequently asked questions pertaining to the plan.

# Plan Development:

- The Preseason Athletic Plan was completed on the State of PA template.
- The Preseason Athletic Plan encompasses the dates from 7/13/20-8/3/20.
- The Preseason Athletic Plan was developed with hours of research of literature from local, State, and Federal Agencies. Collaboration on the plan occurred with the Athletic Director, Coaches, and HHS and District Administration. Collaboration occurred amongst all administrators, and out of District Principals and Athletic Directors.
- Preseason athletics will only occur during the State of PA Green phase.
- Preseason athletics is voluntary.
- Preseason Athletic Plan sessions will occur outdoors only. The bathrooms at HHS will be inside the band entrance due to the closure of the track at the present time. If there are inclement weather sessions will be canceled for the day.
- The Preseason Athletic Plan supports the four components of Social Distancing, Face Coverings, Screening, and Cleaning and Sanitizing.

### **Practice Sessions:**

- All sessions will occur between 8-12 AM at Haverford High School or Manoa Elementary School. Cross County will run in the neighborhoods as they usually do during preseason sessions.
- The Preseason Athletic Plan centers around the four components of Social Distancing, Face Coverings, Screening, and Cleaning and Sanitizing.

### **Athletes:**

- All athletes must wear a mask to and from sessions and at any time where they are within 6 feet of another individual.
- Athletes should use sanitizer before, during, and after workouts. It is recommended that students use sanitizer within minutes of starting sessions.
- Athletes should not congregate before, during practice breaks, and after practice sessions to maintain social distancing practices.
- Athletes must supply and bring their own water bottles to sessions.
- Athletes will supply their own balls and equipment if it is the norm when participating in their sport.

## Coaches:

- Coaches must wear a mask at all times.
- Coaches will complete a pre-screening form with each individual athlete before the session begins.
- Coaches and the Athletic Director or HHS Administrator will have any player reporting symptoms return home, and parent/guardian notified.
- Coaches have developed plans to eliminate and limit contact amongst players and with balls pertaining to each sport.
- Coaches have attended a meeting with the Athletic Director and HHS Administrators to review the plan and its implementations. Individual sports have contacted the Athletic Director to discuss their team's plan. Also, the coaches have received online literature from local, state, and federal agencies to review.
- Coaches will receive the approved plan from the Athletic Director.
- Coaches will hold meetings with their players to review the plan before the first practice begins.

## Parents:

- Parents will sign a parent/guardian checklist before the first session of their individual athlete.
- Parents are asked to direct any questions about the plan to the Athletic Director and Principal.

# Cleaning and Sanitizing:

• The facilities staff will clean and sanitize before and after sessions. They will provide sanitizing items for each location.

### Additional information:

- In the event of a positive COVID-19 test of an athlete or family member, we would ask that the family notify High School Administration and, in addition, that individual athlete would be prohibited from attending workouts for 14 days. A return to play doctor's note would be required.
- No Captains' practices can occur during the preseason.
- No volunteer coaches, parents, or spectators can attend workouts.
- It is strongly recommended that athletes do not carpool if possible.
- The plan will be posted on the District website and emailed to parents and students on Friday, 7/10/20.
- The Preseason Athletic Plan will be reviewed and modified if needed.