

Point of Sale Payment can be made by check or cash, please include your child's name and pin # with all pre-payments. You may also pay on line (www.schoolcafe.com)

*There is a fee for on-line deposits.

Haverford School District Elementary School Lunch Menu January 2017 to June 2017

Meal Prices

Paid Lunch \$2.60
Reduced Lunch \$.40

* May contain pork

MILK IS AVAILABLE WITH ALL MEALS 1% White, Skim, Low-fat Chocolate & Low-fat Strawberry - Available Daily: Raisins, Craisins every MWF

Weeks Of:	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1 2/6, 3/20, 5/8	Meatball Hoagie Oven Baked Fries Baby Carrots/Dip Lettuce /Tomato Juice, Fresh or Chilled Fruit	BBQ Chicken Sandwich Baked Beans Sweet Corn Fresh Leafy Green Salad Juice, Fresh or Chilled Fruit	Dutch Waffle/*Sausage Sweet Pot. Fries Red & Green Pepper Strips/Dip Fresh Leafy Green Salad Juice, Fresh or Chilled Fruit	Chicken Tenders/ Roll Tomato Soup Oven Baked Fries Caesar Salad Juice, Fresh or Chilled Fruit	Stuffed Crust Pizza Fresh Leafy Green Salad Veggie Boat Lettuce/Tomato Juice, Fresh or Chilled Fruit
WEEK 2 2/13, 3/27, 5/15	Chicken & Mini Waffles Steamed Carrots Oven Baked French Fries Fresh Leafy Green Salad Juice, Fresh or Chilled Fruit	Beef Nachos w/ Salsa Pinto Beans Veggie Boat Lettuce/Tomato Juice, Fresh or Chilled Fruit	Macaroni & Cheese/Roll Steamed Broccoli Fresh Leafy Green Salad Beet Salad Juice, Fresh or Chilled Fruit	Asian Beef with Rice Oriental Vegetables Baby Carrots/Dip Caesar Salad Juice, Fresh or Chilled Fruit	Sloppy Joe on Bun Pasta Salad Veggie Boat Spinach & Tomato Salad Juice, Fresh or Chilled Fruit
WEEK 3 2/20, 4/3, 5/22	Tortellini Alfredo/Garlic Bread Green Beans Italian Bean & Tomato Salad Fresh Leafy Green Salad Juice, Fresh or Chilled Fruit	Two Hard Beef Tacos Refried Beans & Salsa Veggie Boat Lettuce/Tomato Juice, Fresh or Chilled Fruit	Cheese Steak Hoagie Oven Baked French Fries Baby Carrots/Dip Caesar Salad Juice, Fresh or Chilled Fruit	Oriental Popcorn Chicken with Rice Steamed Brussels Sprouts Broccoli & Dip Lettuce/Tomato Juice, Fresh or Chilled Fruit	Baked Potato Bar Tomato Salad Bagged Carrots Fresh Leafy Green Salad Juice, Fresh or Chilled Fruit
WEEK 4 2/27, 4/17, 5/30	BBQ *Pulled Pork on a Bun Oven Baked French Fries Steamed Peas Fresh Leafy Green Salad Juice, Fresh or Chilled Fruit	Meatball Hoagie Black Beans & Salsa Steamed Broccoli Caesar Salad Juice, Fresh or Chilled Fruit	Cheesy Bread Sticks w/Sauce Round Roasted Potatoes Kale Salad Veggie Boat Juice, Fresh or Chilled Fruit	Chicken Fritter Sandwich Steamed Cauliflower Baked Beans Lettuce/Tomato Juice, Fresh or Chilled Fruit	Tuna Melt Tater Tots Steamed Edamame Veggie Boat Juice, Fresh or Chilled Fruit
WEEK 5 3/6, 4/24, 6/5	Honey BBQ Chicken Tenders Oven Baked French Fries Broccoli Florets w/Dip Caesar Salad Juice, Fresh or Chilled Fruit	Beef Nachos w/ Salsa Pinto Beans Kale & Grape Tomato Salad Lettuce/Tomato Juice, Fresh or Chilled Fruit	Chicken Nuggets w/ Roll Mashed Potatoes Steamed Carrots Fresh Leafy Green Salad Juice, Fresh or Chilled Fruit	Macaroni & Cheese/Roll Steamed Brussels Sprouts Celery Sticks/Dip Baby Carrots Juice, Fresh or Chilled Fruit	Toasted Cheese Sandwich Tomato Soup Veggie Boat Fresh Leafy Green Salad Juice, Fresh or Chilled Fruit
WEEK 6 3/13, 5/1, 6/12	Chic. Parm. Sandwich Green Beans Carrot Sticks with Dip Fresh Leafy Green Salad Juice, Fresh or Chilled Fruit	French Toast Sticks & *Sausage Refried Beans & Salsa Veggie Boat Lettuce/Tomato Juice, Fresh or Chilled Fruit	3 Cheese Calzone/Sauce Oven Baked French Fries Caesar Salad Beet Salad Juice, Fresh or Chilled Fruit	Oriental Popcorn Chicken with Rice Oriental Vegetables Broccoli Florets w/Dip Lettuce/Tomato Juice, Fresh or Chilled Fruit	*Hot Roast Pork Sandwich Oven Baked French Fries Cucumber Slices w/Dip Fresh Leafy Green Salad Juice, Fresh or Chilled Fruit

THE ITEMS BELOW ARE AVAILABLE EACH WEEK

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sandwich of Day	Ham and Cheese Wrap	Chicken Salad on Whole Wheat	Turkey Hoagie	Ham and Cheese on Whole Wheat	Tuna on Whole Wheat
Soup	Chicken Noodle	Chicken Rice	Minestrone	Chicken Noodle	Tomato
*Italian	Cheese Pizza	Cheese Pizza	Cheese Pizza	Cheese Pizza	*Pepperoni Pizza
Grab and Go	Grab and Go	Grab and Go	Grab and Go	Grab and Go	Grab and Go

February					March					April					May					June				
M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F
		1	2	3			1	2	3	3	4	5	6	7	1	2	3	4	5					
5	6	7	8	9	6	7	8	9	10	ns	ns	ns	ns	ns	8	9	10	11	12	5	6	7	8	9
NS	14	15	16	17	13	14	15	16	17	17	18	19	20	21	15	16	17	18	19	12	13	14	15	16
20	21	22	23	24	20	21	22	23	24	24	25	26	27	28	22	23	24	25	26					
27	28				27	28	29	30	31						NS	30	31							

Calendar Legend: Follow the Calendar & Key to our 6 week cycle.

Week: 1 2 3 4 5 6

NL= No Lunch NS= No School

*Breakfast available daily in cafeteria

USDA is an equal opportunity provider and employer.